BILL: S2019-SB5
TITLE: An Act for Inclusive and Accessible Health & Wellness Credits
SPONSOR: Alexis Levato, Senior Senator; Travis Sanderson, Senior Senator
DATE: April 21, 2019

Whereas, the current P.E. Credit is inaccessible to students due to ability;

Whereas, students are already engaging in activities that would be included in the system, but are not receiving credit;

Whereas, the P.E. Credit is already expanding and recognizing active students;

Whereas, students' mental health is decentralized after their first year on campus;

Whereas, students are under immense pressure to perform without an incentive to learn about their mental health;

Therefore, be enacted…

That, the P.E. Credit become a Health & Wellness Credit.

That, faculty and staff who worked within the past P.E. Credit maintain their positions, which will be renamed.

That, students must be involved in two activities, which have been or will be approved by the Health & Wellness staff, and are oriented towards physical and/or mental health and wellness for at least eight hours per credit, to graduate.

That, student organizations that are already engaging in physically oriented activities have the opportunity to receive credit under the conditions that:

- organization leaders receive training by the applicable faculty or staff as to best practices in instructing their organization.
- Club and intramural sports would receive 8 hours of training with athletics staff on best practices for a team, how to train, injury prevention and other necessary information as deemed fit by staff.
- For dance organizations, attend 8 hours of training with dance faculty to focus on injury prevention, leading their community and other necessary information as deemed fit by dance faculty.

- For other organizations that are interested in receiving credit, attend 8 hours of training by an instructor as deemed fit by the Health & Wellness staff.

That, organizations oriented towards mental health and wellness have an instructional aspect which allows students to receive credit if:

- Leaders of the organization attend 8 hours of instruction, (this excludes faculty that is already trained), which may be broken up into various sessions.
- Members of the organizations attend 8 hours of the activity.
- This instruction is oriented towards tools that can help students.
- This would include, but not be limited to, MiddSafe, GreenDot, Scott Center Tea Time.

That, the Student Organization Oversight Committee (SOOC) should designate organizations as eligible or ineligible for providing mental health credits to students,

That, if an organization disagrees with their designation, they can appeal to the SGA Appeals Committee to overturn SOOC's decision.

That, student organizations who would like to receive credit for their mental health and wellness organization have access to training for leadership at the beginning of each term in order to develop these skills and teach their membership throughout the semester.

Respectfully submitted,

Alexis Levato, Senior Senator
Travis Sanderson, Senior Senator